



香 港 投 球 總 會

Hong Kong Netball Association
MIXED LEAGUE
HANDBOOK
2018



**Subvented by Leisure and Cultural Services
Department**

2XU Hong Kong Netball Mixed League 2018

Season League Dates

Note that if wet weather games are not required, Round games and Finals will be moved forward where possible

Date	Round
16 th April	Round 1 Aberdeen Outdoor Courts 7-10pm (20 games)
23 rd April	Round 2 Aberdeen Outdoor Courts 7-10pm (20 games)
30 th April	Round 3 Aberdeen Outdoor Courts 7-10pm (20 games)
7 th May	Wet Weather if Needed Aberdeen Outdoor Courts 7-9pm (20 games)
14 th May	Round 4 Aberdeen Outdoor Courts 7-10pm (20 games)
21 st May	Round 5 Aberdeen Outdoor Courts 7-10pm (20 games)
28 th May	Round 6 Aberdeen Outdoor Courts 7-10pm (20 games)
4 th June	Wet Weather if Needed Aberdeen Outdoor Courts 7-10pm (20 games)
11 th June	Semi Final Games Aberdeen Outdoor Courts 7-10pm (10 games)
25 th June	Finals Aberdeen Outdoor Courts 7-10pm (5 games)

Hong Kong Netball Association

Season 2018

League Handbook

Welcome to the Hong Kong Netball Association (HKNA) 2XU Mixed League Season 2018. The Executive Council wishes all players, umpires, coaches and supporters an enjoyable and rewarding season.

This year we will be using one venue for all games: Aberdeen Outdoor Courts (Wong Chuk Hang Road Recreation Ground).

This Handbook contains:

- contact information for teams, conveners and the HKNA Executive Council;
- information about umpiring requirements, captain's responsibilities and desk duty;
- directions for the venues.

The By-Laws can be found at: <http://www.netball.org.hk/2ByLawsLink.htm>

Please familiarise yourself with the information in this Handbook and the By Laws.

If you have any questions or concerns, please do not hesitate to contact League Convenor Emma Sharrock, with a copy to HKNA. On a League night, you can also contact any HKNA Representative at your venue.

Happy netballing!

HKNA Executive Council

Hong Kong Netball Association HKNA Executive Council Members

Name	Position	Club	Mobile	Email
Executive Council				
Sherryn Hancock	President	DB	9863 2114	sherryn.hancock@gmail.com
Danielle Taylor	Vice President 1 (National Teams)	Sonics	9747 2450	daniellecraig@me.com
Emma Gregory	Vice President 2 (Umpiring and League)	HKCC	9325 4015	ema_ha22@hotmail.com
Christine Yue	Treasurer (Grassroots Programme)	HKCC	9284 8899	christinayue007@gmail.com
Cheng Lai Fun	Secretary	Hantang	9758 8368	flyingfunfun@hotmail.com
Other Council Members				
Carol Chan	Umpiring Development Convener	Hantang	6028 7389	carol_1112netball@outlook.com
Jenny Dax	League Convener	AAHK	9422 2361	jendax70@yahoo.co.uk
Emma Sharrock	Tournament Convener	KRFC	9317 0634	emmasharrock31@gmail.com
Lorraine Pak	Operations & Events Convener	Hantang	9312 4202	skypak3@yahoo.com.hk
Shannon Lee		HKFC	6336 5529	leesuenyan@gmail.com
Gloria Jung		HKU	6473 1979	glorj280798@gmail.com
Chanelle Candy		Valley	6688 6197	netball@valleyrhc.com
Katharine Wood		HK Scottish	6273 1766	katharineewood@gmail.com
Paid Employees				
Lorraine Pak	Office Manager		9312 4202	lorraine.pak@netball.org.hk
Connie Wong	Head of Netball Development		6696 7151	conniewongnetball@hotmail.com
Angela Chan	Development Officer		6084 7026	netballangela@gmail.com
Haley Ho	Administrative Assistant		6190 9490	hkna@hkolympic.org

HKNA Office: Room 1016, Olympic House
1 Stadium Path, So Kon Po
Causeway Bay, Hong Kong
Tel: 2504 8208 2504 8207
Fax: 2577 5694
Email: hkna@hkolympic.org

CLUB CONVENOR CONTACTS 2018

	Team Name	Convener
1	As One	chanbellebelle@gmail.com
2	Asahi Warriors	ursula@holloway.id.au
3	Avengers	nick.tbartlett@gmail.com
4	Ballerz	lottiewaterhouse@hotmail.co.uk
5	da Bino	nic.chiu.ky@gmail.com
6	Demon Bums	NickyJGar@gmail.com
7	Flexor	carlayang13@gmail.com
8	Generation Mix	clara1101@gmail.com
9	Giants	rowenakwokpy@gmail.com
10	Grad and the Undergrads	prissylin513@gmail.com
11	Gummy Beer	caseyk826@gmail.com
12	Happy Hour	flyingfunfun@hotmail.com
13	Hunky U	prissylin513@gmail.com
14	King Jing Jing	mandyyy921@gmail.com
15	KTGSS	kittykwek1012@gmail.com
16	Mighty Eagles	juhiein@yahoo.co.uk
17	My House	amandajames@jiagroup.co
18	Netbies	justine.chanyc@gmail.com
19	Newbies	claretachia@gmail.com
20	Pitch Slap	n.e.pearson@hotmail.co.uk
21	Professional Ball Handlers	gemma.bell036@gmail.com
22	Sparkle	fwhui8@gmail.com
23	Still got it!	onebeth@hotmail.com
24	Superflyballers	bug_aa@yahoo.com
25	Superheroes	mimiswkwok@gmail.com
26	Thunder from Down under	indica_herbert@aishk.edu.hk
27	Tits & Bits	louisegillespie27@hotmail.com
28	Unknown	Hannahgriggs@ymail.com
29	Hot Property	lilyfrench@swireproperties.com
30	Jello Shooters	oliviahurstburgess@gmail.com
31	Netballs Deep	elise.kelly392@gmail.com
32	Insane Wenger	clcm199753@gmail.com
33	Hot Shots	caroline.hibberd@hoganlovells.com
34	Ballers (new name)	chloewhite95@gmail.com
35	Scramballers	harriet.abrahams@hotmail.co.uk
36	Loonies	laura.denholm8@gmail.com
37	Our ballz in your netz	amberheasman@me.com
38	Nets top model	oliviajackson402@gmail.com
39	Victorious Secret	gracefrtaylor@gmail.com
40	Not Last this Year	karen.burke1989@hotmail.co.uk

It is the responsibility of each club to ensure that HKNA is informed of any changes made to this and the following list.

CAPTAIN'S DUTIES

The captain should amongst other things:

- Read HKNA Handbook and By-Laws and be familiar with the rules of INF (International Netball Federation).
- Ensure the team is ready to play before commencement of games.
- Ensure players do not go on court wearing jewellery (including earrings, nose rings etc).
- Ensure all fingernails are cut short and smooth and NOT TAPED.
- Ensure the score sheet is completed in accordance with the Handbook and By-Laws.
- Ensure the team has provided a scorer and umpire for the appropriate game and that they know how to record the score and centre passes.
- Encourage the team to warm up before a game to avoid injury.
- Ensure that all players and supporters respect both umpires and opponents.
- Sign the score sheet and return to Desk Duty Supervisor if you are the winning team.
- Check dates and times of all fixtures and inform all team members.
- Report any mistakes or issues with the fixture to HKNA.
- If forfeiting a game, ensure that it is done in accordance with the By-Laws.
- Comply with the By-Laws in relation to new players and guest players.
- Ensure that the Handbook is passed on to the next captain if you cease in this role during the season.

The Score Sheet: please note

- Names should be printed legibly on the score sheet. Please sign alongside your name.
- Indicate guest players.
- Captains must sign the score sheet at the end of the game

LEAGUE NIGHT DUTIES AND RULES

DESK DUTY – ABERDEEN

- Retrieve the HKNA Kit Bag, 1 folding table and 2 folding chairs from the store room located behind the toilets (near the Esso Gas station).
- Access to the store room can be made by contacting the staff on duty (in blue shirt).
- Ask the staff to unlock the Posts Storage which is situated beside the ladies' toilet. (Playing teams are responsible for taking posts in and out of Posts Storage.)
- After checking the contents in the HKNA Kit bag, the Kit bag, table and chairs should be returned to the store and locked properly by the staff on duty.

The desk duty supervisor must:

- Arrive at the venue in sufficient time to set up for the games (at least 15 minutes before the start of the first game).
- Keep central time for all matches and sound the bell (see later in this handbook for timing of games).
- Make the HKNA First Aid Kit available to players. **If the First Aid Kit is lacking in anything, please inform HKNA Office (email: hkna@hkolympic.org).**
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- Have a score sheet with clipboard and pen available before each game and check they are returned at the end of each game and are correctly completed.
- Ensure umpires clearly print their name and sign the umpiring record sheet before the relevant game is commenced. This sheet will be used by HKNA for any points/fine deduction.
- Hand game ball to umpire and ensure it is returned at the end of each game.
- **Take photo/scan image of results form and email to HKNA League Convenor the same day [-emmasharrocks31@gmail.com](mailto:emmasharrocks31@gmail.com) with a copy to hkna@hkolympic.org**
- Pass onto HKNA Exec Rep or place the score sheets and umpire sign in sheets into the self addressed stamped envelope and **post the next day**.
- Log any issues arising with HKNA no later than 24 hours after the games.

LEAGUE NIGHTS TEAMS' & SUPPORTERS' RESPONSIBILITIES

ALL VENUES

Teams are responsible for ensuring that all courts and surrounds are left clean and tidy. Please take all rubbish and put in the bins provided at the venue.

ABERDEEN OUTDOORS

The first two teams playing on each court are responsible for moving one post each to the court. Teams playing the last game on each court must return one post each back to the Posts Storage. Posts need to be lowered to the appropriate height before returning them.

CODE OF CONDUCT

Coaches, players and supporters are reminded that they should conduct themselves consistently with the spirit of the game, whether they are playing, form part of the team bench or spectating. Any action displayed, which is contrary to the spirit of the game is not permitted, and is sanctioned by HKNA and INF rules and penalties.

Inappropriate behaviour and comments may result in a warning, penalty, suspension or ordering off by an umpire. Such behaviour includes but is not limited to, calling to an umpire, disputing decisions, commenting on team or individual actions. The official INF rules 19 and 20 provide further information on disciplinary action for unsporting behaviour.

HKNA members should comply with the INF Anti Doping Rules in accordance with the World Anti Doping Code and international standards (a copy can be provided to all clubs upon request).

JEWELLERY AND FINGERNAILS

- Games will not be delayed for the cutting of nails or removal of jewellery.
- No items of jewellery, except a wedding band or medical alert bracelet shall be worn. If these are worn then they must be taped.
- Fingernails shall be short and smooth. Gloves may not be worn and the taping of nails is not permitted. An offending player will not take up a position on court until an umpire has checked the fingernails again and permitted the player to go on court. If the game has already started the player must wait until an interval.
- Players not abiding by these rules will not be allowed to play.

TIMING OF GAMES

All games will be timed by a central clock and will start strictly on the hour at 7pm, 8pm and 9pm. Games will start and finish on the umpires' whistles and consist of:

- 4 x 12 minute quarters
- 2 minute quarter and three-quarter time breaks
- 4 minute half-time break
- 4 minutes between the start of games

Umpires may stop the game for injury time in accordance with the Rule Book. Injury time will not be added to the game.

SCORERS AND SCORE SHEET

All games must be scored in accordance with the By-Laws. (see By- Law 12)

LEAGUE UMPIRING REQUIREMENTS

Where possible, umpiring duties have been made reciprocal within divisions, however there are some draw constraints and on occasion lower divisions are required to umpire higher divisions – umpiring requirements still need to be adhered to. Any problems please contact the League Convenor at least 2 weeks in advance of the set game.

D Badge or higher, or the person has attended an approved umpires' course and has permission from the Umpires' Convener to umpire.

No person under the age of 14 years may umpire. All umpires under 18 years must be supervised by a responsible adult from their playing team/ club. HKNA accepts no responsibility for these players.

UMPIRE PAYMENT GUIDELINES

If a team wishes to pay an umpire to umpire on their behalf, the HKNA recommends the following rates of payment per game: \$300

ISSUES/ PROBLEMS ON LEAGUE NIGHTS

Issues should be raised immediately with the HKNA representative at the venue. If there is no HKNA representative available on site, the League Convenor –Emma Sharrock (9317 0634) can be contacted throughout the evening.

Venue Addresses

Aberdeen Outdoor Netball Courts



Red: Wong Chuk Hang Sports Centre (WCH)

Blue: Aberdeen Outdoor Netball Courts (Abdn)

Green: Buses that go through the Aberdeen Tunnel

Directions:

WCH: Get off first bus stop after the Aberdeen Tunnel, walk up a slope that goes under the flyover and you will see a junction. On the opposite side (right) of the road there is a red roof building – that’s the Wong Chuk Hang Sports Centre.

Abdn: Get off the second station after the Aberdeen Tunnel (just beside ESSO gas station) and you will see the soccer pitches where the netball courts are located.

Say **“WONG CHUK HANG TAI YUK GWUN”** for WCH and
“WONG CHUK HANG NGAI SOK YAU CHUM” for Abdn