

# LSCD Regional 14's Netball Academy 2012

**Eligibility: 11- 14 Years old or under girls who are born in 1998 to 2001.**

**GA**

The **Regional Netball Academy (RNA)** is suitable for netballers who want to further develop their skills and take the next step in their netball pathway. The training sessions will be run by qualified & experienced coaches. *These squads are set up to identify young talented netballers who could be future HK National Youth (U21's) representative to compete in the Asian Youth Championships in 2013.*

**GS**

**WA**

The Academy sessions will consist of: speed & agility work, specialist area skills (shooters/centre court/ defenders), court strategies, ball skills and fitness. If you want to develop your netball game further, this program is for you!

**NEW Registration procedure: Complete this registration form, print it and bring it to the registration day on Saturday 4th Feb 2012 @11:30am. Players will be put into match play on that day once registration process is completed.**

**Registrations & Trial #1 date: Saturday 4th Feb 2012, 11:30am to 2pm at Shun Lee Tsuen Sports Centre.**

**Trial #2 date: Saturday 11th Feb 2012, 12pm to 2pm at Shun Lee Tsuen Sports Centre**

## **Training dates for successful athletes:**

TRAINING	DATE (Saturdays)	TIME	VENUE
1	18th Feb	11am to 2pm	Shun Lee Tsuen SC
2	25th Feb	11am to 2pm	Shun Lee Tsuen SC
3	10th March	11am to 2pm	Shun Lee Tsuen SC
4	24th March	11am to 2pm	Shun Lee Tsuen SC
5	14th April	10am to 12pm	Shun Lee Tsuen SC
6	21st April	10am to 12pm	Shun Lee Tsuen SC
7	27th April	10am to 12pm	Shun Lee Tsuen SC
8	5th May	10am to 12pm	Shun Lee Tsuen SC
Tournament Day	12th or 19th May (Saturday)	TBC	TBC

**GD**

**C**



**For more information, go to the HKNA website: [www.netball.org.hk](http://www.netball.org.hk) .**

**Hong Kong Netball Association  
香港投球總會**

Phone: (852) 2504 8208 | Fax: (852) 2577 5694 | Email: [hkna@hkolympic.org](mailto:hkna@hkolympic.org)



康樂及文化事務署  
Leisure and Cultural  
Services Department

# LCSD Regional Netball Academy for 14's & Under 2012

## - Registration Form -

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### Training Schedules

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8	5th May	10am to 12pm	Shun Lee Tsuen SC
Tournament	8th or 19th May (Saturday)	TBC	TBC

**Attendance for squad selections is compulsory. The training dates are set and will not change. Please make sure you are available to attend the training sessions if you are going to trial. If you are selected into the squad, an 80% attendance rate is required for all the trainings.**



Name in FULL: (English) \_\_\_\_\_ PREFER PLAYING POSITION/S: \_\_\_\_\_

Date of Birth : \_\_\_\_\_ (DD) \_\_\_\_\_ (MM) \_\_\_\_\_ (YYYY) Age : \_\_\_\_\_ HKID No: \_\_\_\_\_

*Only girls who are 11-14 years old or younger by 31st December 2012, therefore only players born in 1998, 1999, 2000 & 2001 are eligible.*

**Please bring your ID or Passport with you to verify your age at registration day.**

Preferred playing position/s: \_\_\_\_\_ District of home address (e.g. Sai Kung) : \_\_\_\_\_

Email Address : [PRINT CLEARLY] \_\_\_\_\_

Home No.: \_\_\_\_\_ Mobile No. : \_\_\_\_\_

Name of Parent/Guardian : \_\_\_\_\_ Daytime Contact No. : \_\_\_\_\_

Name of School or club : \_\_\_\_\_

### **Parent/Guardian Consent Form (Parent/Guardian must complete for applicants under the age of 18)**

I declare that the above information provided is true; I allow my daughter \_\_\_\_\_ (name) to join the "LCSD HK Regional Netball Academy for 11-14's 2012" organised by Hong Kong Netball Association, subvented by the Leisure and Cultural Services Department and declare that her health is in good condition; the applicant is fully aware of the risks in participating this training scheme and that she would withstand these risks. If the applicant suffers from injuries or death owing to her negligence or her unsatisfactory fitness conditions, we understand that your association will not be responsible for these injuries or death occurred during training. Should we have any doubt on applicant's physical conditions, we should seek medical advice from a doctor.

\_\_\_\_\_  
Name of Parent/Guardian

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

The information provided by you will only be used for the enrollment and promotion of recreation and sports activities organised by our Association or co-organising parties. For correction of or access to personal data after submission of this form, please contact the staff of our Association.

Organised by:



Hong Kong Netball Association

Fax: (852)2577 5694

Email: hkna@hkolympic.org

Subvented by:



康樂及文化事務署  
Leisure and Cultural  
Services Department